

1. **Read** Philippians 2:5-11. In verses 6-7 what commitment did Jesus make and to whom did He make it?
2. From meditating on verses 7- 8 and your knowledge of his life, try to describe the numerous sacrifices Jesus had to make to fulfill His commitment?
3. From verses 9-11 what were some of the benefits of Jesus making that commitment?
4. Please try to describe the elements of a commitment you have made to another person in your life. Be as specific as possible.  
  
Recipient  
  
Purpose  
  
Sacrifices  
  
Benefits
5. Who do you think is counting on you based on a stated or unstated (implied) commitment?
6. Read Luke 22:54-62. Think of a commitment you broke:
  - a. What caused you to break that commitment?
  - b. What happened to the people who were expecting you to keep that commitment?
  - c. What happened to you?
7. Read 1 Peter 4. What do think your commitment to Jesus will require? How could that look in America?